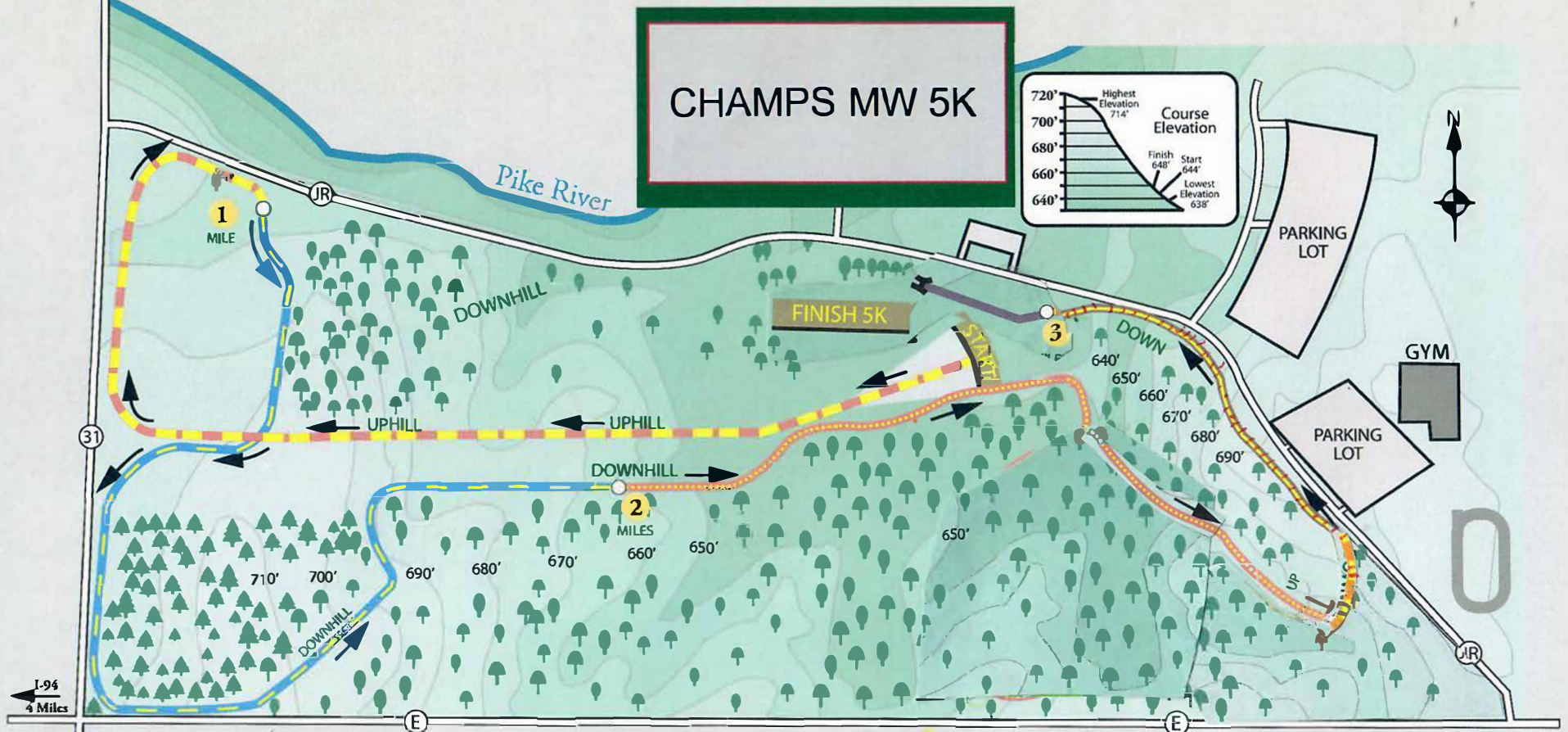


Wayne E. Dannehl NATIONAL CROSS COUNTRY COURSE



The Champs MW 5K was only run once in UW-Parkside history. The 2019 Foot Locker MW Championships were run on this course, with 2019 being one of the wettest falls in recent history. Despite 25 MPH winds, driving rain and plenty of mud, four ladies ran 17:34 or better. The 2019 MW girls team dominated the national championships, placing 5 ladies in the top 10. FLCCC MW race director Peter Henkes feels that the MW19 race was the greatest high school girls race he has ever witnessed. We are eager to hold the first Champs MW Regional on this exciting course.