



*** MEDIA ALERT ***

Natalie Cook and Ethan Ashley Capture First Place Titles in the 42nd Annual Eastbay Cross Country Championships South Regional

RACE HIGHLIGHTS:

Natalie Cook of Flower Mound, Texas and Ethan Ashley of Cumming, Ga. won the Eastbay Cross Country (formerly Foot Locker CC) Championships (ECCC) South Regional today. Cook, a senior at Flower Mound High School, claimed the title in the girls' championship race in 16:38.05 (the third fastest all-time performance at McAlpine Park). Ciara O'Shea, a junior from Richmond, Ky., finished second in 17:13.20, and Maddie Gardiner, a sophomore from Charlottesville, Va., placed third in 17:13.95.

Ashley, a senior at Denmark High School, took the title in the boys' championship race in 15:00.31. Sahil Dodda, a senior from Dallas, Texas, finished second in 15:01.06 and Michael Toppi, a senior from Melbourne, Fla., finished third in 15:02.84.

WHEN/WHERE:

Saturday, Nov. 27, 2021
McAlpine Park in Charlotte, N.C.

COURSE/WEATHER:

5,000-meter course; good course conditions; 41 degrees; sunny skies; light breeze

NATIONAL CHAMPIONSHIPS:

The top 10 boys and the top 10 girls in the seeded races qualify to compete against runners from the Northeast, Midwest and West Regional meets in the Eastbay Cross Country Championships National Finals, on Saturday, Dec. 11, 2021, at Morley Field, Balboa Park in San Diego, Calif.

MEDIA CONTACT:

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(see attached chart for race results)

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**2021 Eastbay Cross Country Championships – South Regional Results
McAlpine Park – Charlotte, N.C.**

Girls

| Place | Name | Hometown | High School (Year) | Time |
|--------------|----------------------|----------------------|----------------------------------|-------------|
| 1) | Natalie Cook | Flower Mound, Texas | Flower Mound High School (12) | 16:38.05 |
| 2) | Ciara O'Shea | Richmond, Ky. | Madison Central High School (11) | 17:13.20 |
| 3) | Maddie Gardiner | Charlottesville, Va. | The Covenant School (10) | 17:13.95 |
| 4) | Abby Faith Cheeseman | Bell Buckle, Tenn. | The Webb School (9) | 17:13.97 |
| 5) | Caroline Wells | Winter Springs, Fla. | Winter Springs High School (12) | 17:15.55 |
| 6) | Crawford West | Vestavia, Ala. | Vestavia Hills High School (12) | 17:16.17 |
| 7) | Allie Zealand | Forest, Va. | Homeschooled (10) | 17:21.89 |
| 8) | Irene Riggs | Morgantown, W.Va. | Morgantown High School (11) | 17:21.95 |
| 9) | Thais Rolly | McLean, Va. | McLean High School (11) | 17:22.21 |
| 10) | Ava Gordon | Leesburg, Va. | Loudoun Valley High School (12) | 17:22.78 |

Boys

| Place | Name | Hometown | High School (Year) | Time |
|--------------|------------------|-----------------------|------------------------------------|-------------|
| 1) | Ethan Ashley | Cumming, Ga. | Denmark High School (12) | 15:00.31 |
| 2) | Sahil Dodda | Dallas, Texas | St. Mark's School of Texas (12) | 15:01.06 |
| 3) | Michael Toppi | Melbourne, Fla. | Viera High School (12) | 15:02.84 |
| 4) | Emmanuel Sgouros | Bellaire, Texas | Saint John's School (12) | 15:04.22 |
| 5) | Owen McArdle | Arlington, Va. | Yorktown High School (12) | 15:05.49 |
| 6) | Kevin Sanchez | Austin, Texas | Vandegrift High School (11) | 15:06.54 |
| 7) | Keegan Smith | Kingston, Tenn. | Knoxville Catholic High School (9) | 15:06.78 |
| 8) | Patrick Koon | Tallahassee, Fla. | Leon High School (10) | 15:07.06 |
| 9) | Ferenc Kovacs | Woodberry Forest, Va. | Woodberry Forest School (10) | 15:07.33 |
| 10) | Nathan Solomon | Snellville, Ga. | Shiloh High School (12) | 15:09.89 |

***Race photos and video highlights are available by request or online at**

eastbaycrosscountry.com

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