

*** MEDIA ALERT ***

Seidel and Zeinasellassie Capture First Place Titles in 33rd Annual Foot Locker Cross Country Championships Midwest Regional

RACE HIGHLIGHTS: Molly Seidel of Hartland, Wis., and Futsum Zeinasellassie of

Indianapolis, Ind., won the Foot Locker Cross Country Championships (FLCCC) Midwest Regional today. In the girls' race, Seidel, a senior at University Lake School, made her move after the mile-mark, breaking away from a lead pack of runners who were dominating the 5K course. With Julia Bos of Rockford, Mich., closely at her heels at mile two, Seidel never surrendered her lead and went on to capture the

Regional title in 17:08. Bos, a junior at Grand Rapids

Christian High School, placed second in 17:14, with Erin Finn of West Bloomfield, Mich., finishing third in 17:34. Finn is a

two-time FLCCC National Finalist.

In the boys' race, the entire field of runners set a hard, fast pace hitting the mile-mark in 4:55. Zeinasellassie, 2010 Midwest Regional Runner-up, returned strong, taking the lead at mile two and capturing the Regional title in 14:58. Jake Leingang of Bismarck, N.D., placed second in 15:09, with Michael Clevenger of Decatur, Ill., finishing third in 15:10. Zeinasellassie is a three-time FLCCC National Finalist

WHEN/WHERE: Saturday, November 26, 2011

UW-Parkside in Kenosha, Wis.

COURSE/WEATHER: 5,000-meter course; good race conditions; overcast and cloudy

with a temperature in the low-50s.

NATIONAL CHAMPIONSHIPS: The top ten boys and the top ten girls in today's seeded races

qualified to compete against runners from the Northeast, South and West Regional meets in the Foot Locker Cross Country Championships National Finals, on Saturday, Dec.10 at

Morley Field, Balboa Park in San Diego, Calif.

CONTACT: Kenny Fried, 202-468-8200, kfried@bwfcom.com

*Race photos and video highlights are available by request or online at www.footlockercc.com

2011 Foot Locker Cross Country Championships – Midwest Regional Results University of Wisconsin – Kenosha, Wis.

Boys

Place	Name	Hometown	High School	Time
1)	Futsum Zeinasellassie	Indianapolis, Ind.	North Central High School (12)	14:58
2)	Jake Leingang	Bismarck, N.D.	Bismarck High School (11)	15:09
3)	Michael Clevenger	Decatur, Ill.	MacArthur High School (12)	15:10
4)	Malachy Schrobilgen	Oak Park, Ill.	Oak Park-River Forest High School (12)	15:12
5)	Tony Smoragiewicz	Rapid City, S.D.	Rapid City Central (12)	15:14
6)	Evan Chiplock	Saginaw, Mich.	Saginaw Heritage High School (12)	15:17
7)	Grant Nykaza	Beecher, Ill.	Beecher High School (11)	15:17
8)	Ryan Polman	Independence, Ohio	Independence High School (12)	15:19
9)	Addison Dehaven	Brookings, S.D.	Brookings High School (10)	15:20
10)	Samuel Berger	Zionsville, Ind.	Zionsville Community High School (12)	15:20

<u>Girls</u>

Place	Name	Hometown	High School	Time
1)	Molly Seidel	Hartland, Wis.	University Lake School (12)	17:08
2)	Julia Bos	Rockford, Mich.	Grand Rapids Christian High School (11)	17:14
3)	Erin Finn	West Bloomfield, Mich.	West Bloomfield High School (11)	17:34
4)	Taylor Manett	Rockford, Mich.	Rockford High School (12)	17:35
5)	Maria Hauger	Shakopee, Minn.	Shakopee High School (11)	17:40
6)	Sydney Scott	Idaho Springs, Colo.	Denver South High School (12)	17:43
7)	Nicole Mello	Columbia, Mo.	Hickman High School (11)	17:43
8)	Alexandria Fons	Franklin, Wis.	Franklin High School (10)	17:43
9)	Lindsey Burdette	Horton, Mich.	Hanover-Horton High School (12)	17:43
10)	Kaylee Flanagan	Roselle, Ill.	Lake Park High School (11)	17:44

###